

Patient Instructions: Before Your Endoscopic Procedure

Procedure Location: Lahey Hospital and Medical Center 41 Mall Road Burlington, MA

Thank you for choosing Lahey Health for your Endoscopy procedure. Please take note of the following key items to ensure your safety:

- Currently a COVID-9 Test is not required for endoscopy procedures. If you have had a recent Covid-19 exposure or are experiencing any Covid-19 symptoms, please contact Burlington Endoscopy Nursing at 781- 744-3301 to determine if your procedure needs to be postponed or if a Covid test is required.
- **All patients will receive a phone call 2-3 business days before the procedure. During this call you will be given your arrival time.** We cannot confirm your arrival time prior to this as the schedule is not finalized until then. We will review procedure preparation instructions, your medications, answer any questions and confirm your transportation arrangements during this phone call.

DAY OF YOUR PROCEDURE

- Please come to the Endoscopy Parking Lot which is the immediate 1st right off the main entrance driveway. You will be required to take a parking ticket at the parking gate. There is a 20-minute no charge/no parking fee for drop off and pick up of patients.
- Be sure to bring a cell phone and a credit card for parking fees. You can plan to be here with us for approximately 2 to 3 hours.
- **The Endoscopy Center is not open, and the doors are locked until 6:45am.** Please do not arrive any earlier unless otherwise directed by a member of the Endoscopy staff.
- If you are being dropped off by your ride, have your ride drive to the Endoscopy Center entrance door. If your family member/ride is accompanying you to your appointment, you should park in the Endoscopy Center parking lot and enter together.
- **You cannot drive yourself after your procedure.** We strongly encourage your ride to drop you off and pick you up. Our nurses will keep in contact with your ride to be sure the process is smooth. Your ride will pick you up at the same Endoscopy entrance door. If your ride chooses to stay in the parking lot or wait in the waiting area, there is a parking fee that you will be responsible to pay when you leave the parking lot.
- **For your safety you cannot use a ride service such as a cab, Uber or Lyft** unless you have a friend/family member ride with you after your procedure.
- If you enter from the Main Entrance on the 4th floor, please proceed to the Endoscopy Center located on 2 West. Take the West Elevators located on the right side of the 4th floor lobby to the 2nd floor. The Endoscopy Center is located to the left of the Surgical Check In. Follow the hallway toward the ambulance entrance doors and the Endoscopy waiting area will be on the right. Please register at the registration desk in the Endoscopy waiting area.

If you have any questions about your procedure or need to cancel or reschedule your appointment, please contact Endoscopy Nursing at 781-744-3301 between 7am and 5pm Monday through Friday. **After hours** (after 5pm and weekends), please call 781-744-5100 and ask for the Gastroenterologist on call.